

# FASD Caregiver Support Group

Are you caring for a child or youth who has, or is  
suspected of having,  
Fetal Alcohol Spectrum Disorder?

Peer to peer support is available:

When: **Second Wednesday of the month**  
(except July, August, December)

Time: **6:30 - 8:00 p.m.**

Where: **Contact Brant/Woodview**  
**643 Park Road North, Brantford**

For more information:

Email: [brantfordfasd@pcmh.ca](mailto:brantfordfasd@pcmh.ca) or call Contact Brant 519-758-8228

## Benefits of Support Groups:

- Meet other parents with children who have similar challenges
- Find encouragement and emotional support
- Learn strategies to help your child at home and school
- Learn how to access resources in the community

Offered by Parents for Children's Mental Health - Brantford Chapter.

For more PCMH information and resources, visit [www.pcmh.ca](http://www.pcmh.ca) or  
[www.pcmh.ca/brantford](http://www.pcmh.ca/brantford)



Parents for Children's  
Mental Health

SUPPORT. EDUCATE. EMPOWER.