

FASD Caregiver Support Group

Are you caring for a child or youth who has, or possibly has, Fetal Alcohol Spectrum Disorder? **Peer to peer support is available.**

When: Second Wednesday of the month

Time: 6:00 PM to 7:30 PM

Where: 255 Colborne Street, Unit 1 & 2, Brantford, ON N3T 2H3 or meeting virtual as needed

Email: fasdbrant@contactbrant.net

Call: 519-758-8228 ext 236

Benefits of Support Groups:

- Meet other parents and caregivers who have similar challenges
- Find encouragement and emotional support
- Learn strategies to help your child at home and school
- Learn how to access resources in the community

