

# FASD

## Caregiver Support Group

Are you caring for a child or youth who has, or is suspected of having, **Fetal Alcohol Spectrum Disorder?**

Peer to peer support is available.

### Benefits of Support Groups:

- Meet other parents and children who have similar challenges
- Find encouragement and emotional support
- Learn strategies to help your child at home and school
- Learn how to access resources in the community

**When: Second Wednesday of the month**

**Time: 6:00 to 7:30pm**

**Where: Contact Brant  
255 Colborne St., Brantford**

### For more information:

**Email: fasdbrant@contactbrant.net**

**Call: 519-758-8228**

