

Youth Resilience

Community Presentation

Join us as world renowned resilience expert Dr. Michael Ungar shares insights on how families and communities can help children and youth build resilience and thrive.

FREE DINNER and supervised children's activities provided.

Great door prizes to be won!



March 9th, 2026



5:45pm - Dinner

6:15 - 6:30 - Opening remarks from local youth

6:30 - 7:30 - Dr. Ungar's presentation



Holy Trinity Catholic High School

128 Evergreen Hill Rd, Simcoe

(or join us virtually on Zoom)

**Register by March 2nd
for this FREE event!**



KEYNOTE SPEAKER DR. MICHAEL UNGAR



PLANET
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